



Office of Sponsored Programs (OSP) Roundtable

# New NIH Human Subjects Requirements

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## Agenda

- Updated definition of Clinical Trial
- Single Institutional Review Board (sIRB) requirements
- Certificate of Confidentiality (CoC)
- Forms E - PHS Human Subjects and Clinical Trials Information Form



OSP Roundtable – New NIH Human Subjects Requirements  
Updated Definition of Clinical Trial



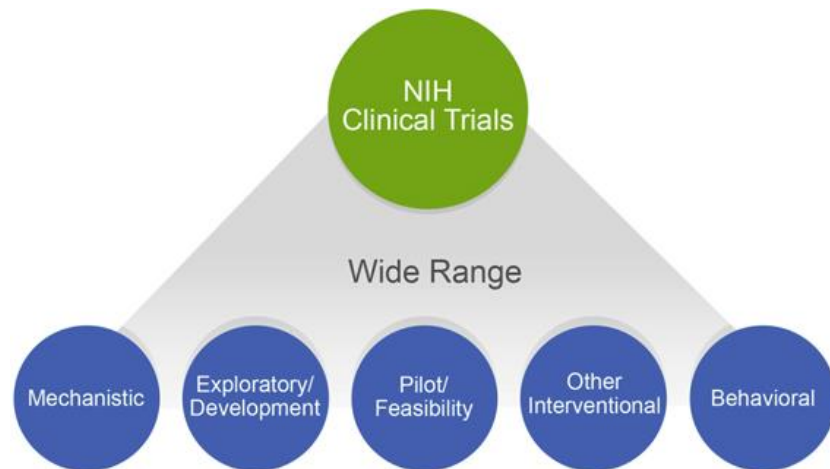
## What has changed?

- NIH's definition of clinical trial has been updated to communicate a much broader applicability:

“A research study in which one or more **human subjects** are **prospectively assigned** to one or more **interventions** (which may include placebo or other control) to evaluate the effects of those interventions on **health-related biomedical or behavioral outcomes.**”

NIH Policy Notice NOT-OD-15-015 (October 23, 2014)

<https://grants.nih.gov/grants/guide/notice-files/NOT-OD-15-015.html>





## Breaking down the definition

- **Prospectively assigned:** a pre-defined process (e.g., randomization) by which research participants are assigned to one or more arms (e.g., intervention, placebo, or other control) of a study
- **Intervention:** a manipulation of the research participant or their environment (e.g., use of a wearable device such as a Fitbit; diet or exercise; surgical technique)
- **Health-related Biomedical or Behavioral Outcome:** a pre-specified goal or condition that reflects the effect of the intervention(s) on participants' biomedical or behavioral status or quality of life (e.g., improvement of lung capacity; changes to psychological wellbeing)



## Decision Tree for NIH Clinical Trial Definition

Does the study involve human participants research?

YES

NO

Are participants prospectively assigned to an intervention?

YES

NO

Is the study designed to evaluate the effect of the intervention on the participants?

YES

NO

Is the effect being evaluated a health-related biomedical or behavioral outcome?

YES

NO

This study is a clinical trial.

The study is NOT a clinical trial.



## Example 1

A study involves the recruitment of school children to evaluate two different tools for monitoring food intake. Food consumption behavior will be measured by asking children to activate a pocket camera during meals and to use a diary to record consumed food. Changes to eating behavior will be assessed.

- **Does the study involve human participants?** Yes, children are human participants.
- **Are the participants prospectively assigned to an intervention?** Yes, the participants are prospectively assigned to two food monitoring methods.
- **Is the study designed to evaluate the effect of the intervention on the participants?** Yes, the study is designed to determine whether using the monitoring methods changes eating behavior.
- **Is the effect being evaluated a health-related biomedical or behavioral outcome?** Yes, eating behavior is a health-related outcome.

**This study is a clinical trial.**



## Example 2

A study involves the recruitment of children at two schools to monitor eating behavior. Children's food choices will be monitored using a remote food photography method. Food consumption and the accuracy of food monitoring methods will be assessed.

- **Does the study involve human participants?** Yes, the children participating in this study are human participants.
- **Are the participants prospectively assigned to an intervention?** No, not in this context. The study involves observing and measuring eating behavior, but not modifying it. This is an observational study.

**This study is not a clinical trial.**





## What are the implications of this change?

- With this broader definition, many more studies are classified as clinical trials and are therefore subject to additional human subjects compliance requirements, including;
  - All researchers on the protocol for the NIH-funded clinical trial study must complete training in Good Clinical Practice (GCP).
  - The study must be registered within 21 days of enrollment of first participant on ClinicalTrials.gov and must provide summary results and updates about the study as required.
  - For clinical trials funded by any federal agency, all consent forms must be posted online (website TBD) after the study is closed to recruitment and within 60 days of the end of data collection.



## What are the implications of this change?

- Researchers and administrators will need to determine whether the project meets the definition of a clinical trial ***prior to submitting a proposal to NIH for funding consideration.*** **Effective for due dates on or after January 25, 2018, NIH will require all applications involving one or more clinical trials be submitted through a Funding Opportunity Announcement (FOA) specifically designated for clinical trials.**

Due Dates on or after  
January 25, 2018

All clinical trial applications **MUST** be submitted to an FOA that allows clinical trials

- NIH is revising and reissuing all Parent Funding Opportunity Announcements (FOAs) to specify whether or not a proposal involving a clinical trial study will be accepted. See NIH Policy Notice NOT-OD-18-106 <https://grants.nih.gov/grants/guide/notice-files/NOT-OD-18-106.html>.



## Next Steps: Cornell Researchers

- **All** researchers;
  - Prior to starting your NIH proposal, determine whether your project is a clinical trial. Ask the Cornell IRB Staff at [irbhp@cornell.edu](mailto:irbhp@cornell.edu) for help if you are not sure!
  - Work with your pre-award administrator and OSP Grant & Contract Officer to apply to the correct NIH Funding Opportunity Announcement (FOA).
  - Add a few days to your proposal planning and preparation timeline.
- Clinical Trial researchers;
  - Have all study team members take Good Clinical Practices (GCP) training <http://www.oria.cornell.edu/training/citi/login/index.cfm>
  - Familiarize yourself with Clinicaltrials.gov and set up an account <https://grants.nih.gov/policy/clinical-trials/reporting/steps.htm>



## Next Steps: Research Administrators

- Become familiar with;
  - The updated definition and determination criteria for clinical trials
  - Clinicaltrials.gov and the reporting requirements
  - Updated NIH Funding Opportunity Announcements (NOT-OD-18-106)
  - Forms E, especially the new PHS Human Subjects and Clinical Trials Information Form
- Work with all NIH researchers to;
  - Determine whether their project is a clinical trial. Ask the Cornell IRB Staff at [irbhp@cornell.edu](mailto:irbhp@cornell.edu) for help if you are not sure!
  - Ensure all proposals, both those that are and are not clinical trials, are submitted to the correct NIH Funding Opportunity Announcement (FOA)
- Add a few days to your proposal planning and preparation timeline.



# NIH Resources

- Guidance

- NIH's Definition of a Clinical Trial Website**

- <https://grants.nih.gov/policy/clinical-trials/definition.htm>

- NIH's Clinical Trials FAQs**

- [https://grants.nih.gov/grants/policy/faq\\_clinical\\_trial\\_definition.htm](https://grants.nih.gov/grants/policy/faq_clinical_trial_definition.htm)

- NIH's Clinical Trial Case Studies Website**

- <https://grants.nih.gov/policy/clinical-trials/case-studies.htm>

- NIH's Good Clinical Practice (GCP) Training Website**

- <https://grants.nih.gov/policy/clinical-trials/good-clinical-training.htm>

- Policy

- NIH Policy Notice NOT-OD-15-015: Notice of Revised NIH Definition of "Clinical Trial"**

- <https://grants.nih.gov/grants/guide/notice-files/NOT-OD-15-015.html>

- NIH Policy Notice NOT-OD-17-118: NIH Announces New Review Criteria for Research Project Applications Involving Clinical Trials**

- <https://grants.nih.gov/grants/guide/notice-files/NOT-OD-17-118.html>

- NIH Policy Notice NOT-OD-18-106: Policy on Funding Opportunity Announcements (FOA) for Clinical Trials Takes Effect 1/25/2018**

- <https://grants.nih.gov/grants/guide/notice-files/NOT-OD-18-106.html>



OSP Roundtable – New NIH Human Subjects Requirements  
Single Institutional Review Board (sIRB) Requirements



## What is a single Institutional Review Board (sIRB)?

- One IRB that is responsible for conducting an ethical review of, and coordinating, all human participant research performed at all the locations in a multi-site study.
- Role of the sIRB:
  - Conducts ethical review for studies at all sites, including recruitment, applications, consent forms, incident reports, data and privacy, in keeping with Common Rule requirements.
  - May also serve as Privacy Board (HIPAA Privacy Rule - use/disclosure of PHI for research).
  - Handles all changes to the study and ensure that they are uniformly implemented, ensure all concerns are addressed, maintain documentation, correspond with the NIH and regulators.
- Role of participating sites:
  - Rely on sIRB to carry out review functions and report to sIRB (unanticipated problems, study progress, information regarding local context issues), meet all IRB requirements for study at their site (local review, documentation, training, oversight, incident reporting, etc.)



## What has changed?

- NIH has a new policy, intended to streamline the IRB review process, harmonize IRB requirements for an NIH-funded study, and reduce administrative burden.

**All multi-site projects with non-exempt human participant research (clinical and non-clinical) where the same research protocol is conducted at more than one domestic site will be required to use a single Institutional Review Board (sIRB).**

- Applies to all competing grant applications (new, renewal, revision, resubmissions) due on or after **January 25, 2018**, and all contract solicitations published starting January 25, 2018.
- Does not apply to international sites, or to Career Development (K), Research Training (T), or Fellowship (F) mechanisms.





## What are the implications of this change?

- If the NIH proposal involves conducting the same research at multiple locations, the proposal ***must*** include an **sIRB Plan**
  - Plan must indicate the sIRB, confirm that participating sites will adhere to the sIRB Policy, describe communications between sites and sIRB
  - sIRB costs might be permitted as direct charges (Talk to you GCO!)
  - If awarded, all participating sites must execute an Authorization Agreement & the sIRB Plan will be incorporated into the Notice of Award (NOA) as a term and condition

**The administrative responsibility of the Single IRB is very significant.**

**Do not assume Cornell can act as sIRB.**

**Contact Cornell IRB ([irbhp@cornell.edu](mailto:irbhp@cornell.edu)) well in advance of proposal submission.**



# NIH Resources

- **Guidance**

**NIH's Single IRB policy for Multi-site Research Website**

<https://grants.nih.gov/policy/clinical-trials/single-irb-policy-multi-site-research.htm>

- **Policy**

**NIH Policy Notice NOT-OD-16-094: Final NIH Policy on the Use of a Single Institutional Review Board for Multi-Site Research**

<https://grants.nih.gov/grants/guide/notice-files/NOT-OD-16-094.html>

**NIH Policy Notice NOT-OD-18-003: Guidance on Exceptions to the NIH Single IRB Policy**

<https://grants.nih.gov/grants/guide/notice-files/NOT-OD-18-003.html>

**NIH Policy Notice NOT-OD-18-004: Guidance on Implementation of the NIH Policy on the Use of a Single Institutional Review Board for Multi-Site Research**

<https://grants.nih.gov/grants/guide/notice-files/NOT-OD-18-004.html>



OSP Roundtable – New NIH Human Subjects Requirements  
Certificates of Confidentiality



## What is a Certificate of Confidentiality?

- A Certificate of Confidentiality (CoC) **protects the privacy of research participants** by prohibiting disclosure of participants' identifiable, sensitive information in response to legal demands, such as a subpoena.



## What has changed?

- Effective **October 1, 2017**, for NIH-funded research active on December 13, 2016;
  - All research that collects or uses identifiable, sensitive information is deemed to be issued a CoC
  - No documentation will be given — determination of whether a CoC applies is left to the institution and researchers
  - Previously, obtaining CoC protections required an application to NIH-- not all requests were granted
- For **non-NIH studies**, PIs may request a CoC (the new, automatic issuance only applies to NIH studies) if they believe it is necessary to protect participants



## What are the implications of this change?

- If a CoC applies to an NIH-funded study:
  - The IRB office will inform the PI during the approval process
  - The researcher may not disclose protected information to any person not connected with the research, including for legal proceedings
  - The consent should inform participants about the CoC
  - Collaborators & other recipients of identifiable information or biospecimens are subject to the same restrictions, and the PI is responsible for communicating this to collaborators



## NIH Resources

- **Guidance**

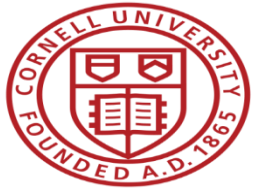
**NIH's Certificates of Confidentiality Website**

<https://humansubjects.nih.gov/coc/index>

- **Policy**

**NIH Policy Notice NOT-OD-17-109: Notice of Changes to NIH Policy for Issuing Certificates of Confidentiality**

<https://grants.nih.gov/grants/guide/notice-files/NOT-OD-17-109.html>



OSP Roundtable – New NIH Human Subjects Requirements


Forms E - PHS Human Subjects and Clinical Trials Information






## SF 424 (R&R) Forms Version E

- Effective for due dates on or after **January 25, 2018**, the Forms E Application package, including the new Human subjects and Clinical Trials Information form, is required for all applications submitted to NIH.



Application Form Instructions			
Need help selecting the right instructions?			
Application Instructions	Description	SF424 (R&R) - Version D Use for due dates on and before January 24, 2018	SF424 (R&R) - Version E Use for due dates on and after January 25, 2018
 General Instructions	Comprehensive guidance for research, training, fellowship, career development, multi-project, and small business applications	<a href="#">HTML / PDF</a>	<a href="#">HTML / PDF</a>

<https://grants.nih.gov/grants/how-to-apply-application-guide.html>



## PHS Human Subjects and Clinical Trials Information Form

- New form making it's debut in Forms E!
- Purpose:
  - Consolidates human subjects, inclusion enrollment, and clinical trial information previously collected across multiple agency forms
  - Incorporates structured data fields
  - Collects information at the study-level
- PHS 398 Research Plan has also been updated to remove the human subjects attachments Protection of Human Subjects, Data Safety Monitoring Plan, Inclusion of Women and Minorities, and Inclusion of Children.

# PHS Human Subjects and Clinical Trials Information

OMB Number: 0925-0001  
Expiration Date: 03/31/2020

[View Burden Statement](#)

Please complete the human subjects section of the Research & Related Other Project Information form prior to completing this form.

The following items are taken from the Research & Related Other Project Information form and displayed here for your reference. Any changes to these fields must be made on the Research & Related Other Project Information form and may impact the data items you are required to complete on this form.

Are Human Subjects Involved?  Yes  No

Is the Project Exempt from Federal regulations?  Yes  No

Exemption number:  1  2  3  4  5  6  7  8

## If No to Human Subjects

Does the proposed research involve human specimens and/or data?  Yes  No

If Yes, provide an explanation of why the application does not involve human subjects research.

[Add Attachment](#)

[Delete Attachment](#)

[View Attachment](#)

Skip the rest of the PHS Human Subjects and Clinical Trials Information Form.

## If Yes to Human Subjects

Add a record for each proposed Human Subject Study by selecting 'Add New Study' or 'Add New Delayed Onset Study' as appropriate. Delayed onset studies are those for which there is no well-defined plan for human subject involvement at the time of submission, per agency policies on Delayed Onset Studies. For delayed onset studies, you will provide the study name and a justification for omission of human subjects study information.

## Other Requested Information

[Add Attachment](#)

[Delete Attachment](#)

[View Attachment](#)

[Click here to extract the Human Subject Study Record/Attachment](#)

## Study Record(s)

Attach human subject study records using unique filenames.

1) Please attach Human Subject Study 1

[Add Attachment](#)

[Delete Attachment](#)

[View Attachment](#)

[Add New Study](#)

## Delayed Onset Study(ies)

	Study Title	Anticipated Clinical Trial?	Justification
<input checked="" type="checkbox"/>		<input type="checkbox"/>	<input type="text"/> <a href="#">Add Attachment</a> <a href="#">Delete Attachment</a> <a href="#">View Attachment</a>

[Add New Delayed Onset Study](#)

[Check Form for Errors](#)

[Save](#)

# Study Record: PHS Human Subjects and Clinical Trials Information

OMB Number: 0925-0001  
Expiration Date: 03/31/2020

\* Always required field

## Section 1 - Basic Information

1.1. \* Study Title (each study title must be unique)

1.2. \* Is this Study Exempt from Federal Regulations?

Yes  No

1.3. Exemption Number

1  2  3  4  5  6  7  8

1.4. \* Clinical Trial Questionnaire

If the answers to all four questions below are yes, this study meets the definition of a Clinical Trial.

1.4.a. Does the study involve human participants?

Yes  No

1.4.b. Are the participants prospectively assigned to an intervention?

Yes  No

1.4.c. Is the study designed to evaluate the effect of the intervention on the participants?

Yes  No

1.4.d. Is the effect that will be evaluated a health-related biomedical or behavioral outcome?

Yes  No

1.5. Provide the ClinicalTrials.gov Identifier (e.g., NCT187634321) for this trial, if applicable

## Section 2 - Study Population Characteristics

2.1. Conditions or Focus of Study

[Add New Condition](#)

2.2. Eligibility Criteria

2.3. Age Limits

Minimum Age



Maximum Age



2.4. Inclusion of Women, Minorities, and Children

[Add Attachment](#)

[Delete Attachment](#)

[View Attachment](#)

2.5. Recruitment and Retention Plan

[Add Attachment](#)

[Delete Attachment](#)

[View Attachment](#)

2.6. Recruitment Status

2.7. Study Timeline

[Add Attachment](#)

[Delete Attachment](#)

[View Attachment](#)

2.8. Enrollment of First Subject



Inclusion Enrollment Report(s)

[Add Inclusion Enrollment Report](#)

# Inclusion Enrollment Report

Remove Inclu

1. \* Using an Existing Dataset or Resource

Yes  No

2. \* Enrollment Location Type

Domestic  Foreign

3. Enrollment Country(ies)

Add New Country

4. Enrollment Location(s)

5. Comments

6. Planned

Racial Categories	Ethnic Categories				Total
	Not Hispanic or Latino		Hispanic or Latino		
	Female	Male	Female	Male	
American Indian/ Alaska Native	0	0	0	0	0
Asian	0	0	0	0	0
Native Hawaiian or Other Pacific Islander	0	0	0	0	0
Black or African American	0	0	0	0	0
White	0	0	0	0	0
More than One Race	0	0	0	0	0
<b>Total</b>	0	0	0	0	0

Cumulative (Actual)

Racial Categories	Ethnic Categories									Total
	Not Hispanic or Latino			Hispanic or Latino			Unknown/Not Reported Ethnicity			
	Female	Male	Unknown/ Not Reported	Female	Male	Unknown/ Not Reported	Female	Male	Unknown/ Not Reported	
American Indian/ Alaska Native	0	0	0	0	0	0	0	0	0	0
Asian	0	0	0	0	0	0	0	0	0	0
Native Hawaiian or Other Pacific Islander	0	0	0	0	0	0	0	0	0	0
Black or African American	0	0	0	0	0	0	0	0	0	0
White	0	0	0	0	0	0	0	0	0	0
More than One Race	0	0	0	0	0	0	0	0	0	0
Unknown or Not Reported	0	0	0	0	0	0	0	0	0	0
<b>Total</b>	0	0	0	0	0	0	0	0	0	0

< Previous Report

Report 1 of 1

Next Report >

<< First Report

Delete Report

Last Report >>

Section 3 - Protection and Monitoring Plans

3.1. Protection of Human Subjects

Add Attachment

Delete Attachment

View Attachment

3.2. Is this a multi-site study that will use the same protocol to conduct non-exempt human subjects research at more than one domestic site?

Yes  No  N/A

If yes, describe the single IRB plan

Add Attachment

Delete Attachment

View Attachment

3.3. Data and Safety Monitoring Plan

Add Attachment

Delete Attachment

View Attachment

3.4. Will a Data and Safety Monitoring Board be appointed for this study?

Yes  No

3.5. Overall Structure of the Study Team

Add Attachment

Delete Attachment

View Attachment

Section 4 - Protocol Synopsis

4.1. Brief Summary

4.2. Study Design

4.2.a. Narrative Study Description

4.2.b. Primary Purpose

4.2.c. Interventions

x	Intervention Type	
	Name	
	Description	

Add New Intervention

4.2.d. Study Phase

Is this an NIH-defined Phase III clinical trial?  Yes  No

4.2.e. Intervention Model

4.2.f. Masking

Yes  No

Participant  Care Provider  Investigator  Outcomes Assessor

4.2.g. Allocation

4.3. Outcome Measures

x	Name	
	Type	
	Time Frame	
	Brief Description	

Add New Outcome

4.4. Statistical Design and Power

Add Attachment

Delete Attachment

View Attachment

4.5. Subject Participation Duration

4.6. Will the study use an FDA-regulated intervention?

Yes  No

4.6.a. If yes, describe the availability of Investigational Product (IP) and Investigational New Drug (IND)/Investigational Device Exemption (IDE) status

Add Attachment

Delete Attachment

View Attachment

4.7. Dissemination Plan

Add Attachment

Delete Attachment

View Attachment

Section 5 - Other Clinical Trial-related Attachments

5.1. Other Clinical Trial-related Attachments

Add Attachments

Delete Attachments

View Attachments



# NIH Resources

- **Guidance**

**PHS Human Subjects and Clinical Trials Information Form Walk-through**

<https://www.youtube.com/watch?v=nz9NWFhYOG8>

**New Human Subjects and Clinical Trial Information Form Website**

<https://grants.nih.gov/policy/clinical-trials/new-human-subject-clinical-trial-info-form.htm>

**Annotated Forms Version E For NIH Grant Applications due on/after January 25, 2018**

[https://grants.nih.gov/grants/ElectronicReceipt/files/Annotated\\_Forms\\_General\\_FORMS-E.pdf](https://grants.nih.gov/grants/ElectronicReceipt/files/Annotated_Forms_General_FORMS-E.pdf)

- **Policy**

**SF 424 (R&R) Forms Version E – Significant Changes**

<https://grants.nih.gov/grants/how-to-apply-application-guide/forms-e/general/g.120-significant-changes.htm>

**SF 424 (R&R) Forms Version E – PHS Human Subjects and Clinical Trials Information Guidelines**

<https://grants.nih.gov/grants/how-to-apply-application-guide/forms-e/general/g.500-phs-human-subjects-and-clinical-trials-information.htm>



# Overview of New NIH Policies on Human Subjects Research

NIH National Institutes of Health  
Office of Extramural Research

Menu Resources Notes

- Overview (3:37)
  - Introduction
  - Overview
  - Importance
  - What Changes?
  - Is This Research a Clinical Trial?
- Part I: Changes for All Research Involving Human Participants (4:52)
  - Introduction
  - New Forms
  - Changes to the Appendix Policy
  - Single IRB
  - Certificates of Confidentiality
- Part II: Changes for Clinical Trials (6:18)
  - Introduction
  - Good Clinical Practice Training
  - Clinical Trial-Specific FOAs
  - Clinical Trial Review Criteria
  - Registration and Reporting
  - Closing

Overview of New NIH Policies on Human Subjects Research

NIH

GET STARTED >>

OVERVIEW OF NEW NIH POLICIES  
ON HUMAN SUBJECTS RESEARCH

◀ PREV NEXT ▶

[https://grants.nih.gov/policy/clinical-trials/tutorial/story\\_html5.html?lms=1](https://grants.nih.gov/policy/clinical-trials/tutorial/story_html5.html?lms=1)



OSP Roundtable – New NIH Human Subjects Requirements

**Questions?**





## OSP Roundtable – New NIH Human Subjects Requirements

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